

# **Bynea CC Open 25 mile Time Trial**

**9<sup>th</sup> April 2023 at 9.01 am**

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

## **Awards**

**Fastest Woman £20    Second Woman £15    Third Woman £10**

**Fastest Man £20                      Second Man £15                      Third Man £10**

**Fastest Male Vet on Std £15                      Fastest Woman on Std £15**

Timekeeper:            Tudor Thomas/Andrew Grist.

Event Secretary:    Andrew Grist  
17 Olive Street Morfa Llanelli Sa15 2Ap  
Tel. 07721 538386

Event HQ:            Llandoverly RFC, Church Bank, Llandoverly SA20 0DT .  
Open at 8 am

Signing on:            Sign on and collect numbers at HQ.  
Please return numbers to HQ and sign out after event.  
Numbers can be exchanged for a drink at the catering counter.

Course details :      R25/4 Llandoverly-Llandeilo-Return

**R25/4** OS References: Sheet 160 Start 732311 Finish 753334    Start on A4069 at northern edge of field gate on left approximately 3 miles south of Llandoverly. Proceed north on A4069 to junction with A40 at Llandoverly (3.028 miles). Bear left on A40 over railway crossing, continue on A40 via Llanwrda by-pass (7.197 miles). Continue to Rhosmaen village sign (13.897 miles) onto rbt one mile east of Llandeilo (14.73 miles). Circle rbt and retrace along Llanwrda by-pass (22.343 miles). Continue on A40 to finish at telephone pole 12 opposite farm track and 15 yards west of post box in lay-by approximately a mile and a half west of Llandoverly town.

In accordance with CTT regulations all competitors must wear a helmet and that a flashing or constant front and rear light is fitted to your bicycle and is active whilst the bicycle is in use.  
Please call out your number as you cross the finish line.

**Best of luck and have a safe ride – Andy Grist - event sec.**